



ReHydration

ReHydration is a homeopathic combination formula for the symptoms associated with fluid imbalances.

For symptoms of excessive thirst; lack of thirst; dry skin; bloating; headaches; stiffness in muscles and joints; mental sluggishness; and dry mucous membranes including throat, mouth, sinuses, rectum, and vagina.

Order Information

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ReHydration
03092 2 oz. bottle
03093 4 oz. bottle

Synergistic Considerations

SpectraMin

This is an exceptional product providing a complement to numerous remedies.

These statements have not been evaluated by the Food and Drug Administration.

Ingredients and Symptomatology

Adenosinum cyclophosphoricum 12X, 30X (Cyclic Adenosine Monophosphate - cAMP)

Low energy, fatigue, weakness, nasal dryness, dry lips, dry skin, frequent urging to urinate with little output, dark colored urine, diarrhea, constipation, disturbed sleep.^{1(p19-21)}



cAMP is an intracellular mediator that increases water permeability into the cell membrane.

Coffea cruda 9X (Unroasted Coffee Bean)

Pain, swelling, numbness after injury, abdominal cramping, headache, painful joints and limbs.^{2(p612-617)}

Glandula suprarenalis suis 6X, 12X, 6C (Adrenal)

Dryness of the lips and mouth; soft, loose, watery, or hard stools; strong smelling urine.^{1(p93-4)}

Hypothalamus 12X, 6C, 12C

Water retention, fragile nails with white spots, headaches, very frequent urge to urinate, burning during and after urination, urinary incontinence.^{2(p964-5)}



This homeopathic ingredient is prepared from the hypothalamus gland. The hypothalamus is known to secrete a peptide hormone—ADH (anti-diuretic hormone)—also known as vasopressin, which is responsible for direct control of water balance. Anything that stimulates ADH secretion also stimulates thirst. ADH plays a key role in the regulation of water and salts in the blood. Without ADH little water is reabsorbed and dilute urine is excreted.

Kali phosphoricum 6X, 12X, 30X (Potassium Phosphate)

Incontinence; excessive, strong smelling sweat; bedwetting; low energy.^{2(p1068-71)}

Natrum muriaticum 8X, 12X, 30X (Sodium Chloride)

Dry mucus membrane including throat, mouth, rectum, vagina; dry skin; cracked lips; salt cravings; blinding headache; fatigue.^{2(p1356-64)}

Sarsaparilla 4X, 6X, 12X, 6C (Wild Licorice)

Metallic taste, lack of thirst, dry skin, cracked skin on hands and feet, bloating.^{2(p1738-41)}

Silicea 12X, 30X (Silica)

Headaches; dry, coated tongue; itching skin; stiff neck, back, and limbs; hair loss; brittle nails; leg cramps; profuse urination.^{2(p1778-85)}

Taraxacum officinale 4X (Dandelion)

Bladder weakness, frequent desire to urinate, copious urine, bedwetting, profuse night sweats, headaches.^{2(p1905-7)}

Thyroidinum 12X, 6C, 12C

Difficulty concentrating, dry skin and lips, frequent urination, difficulty sleeping.^{3(p1957)}

ReHydration

Label Drug Facts

<p>DRUG FACTS</p> <p>ACTIVE INGREDIENTS Adenosinum cyclophosphoricum 12X, 30X; Coffea cruda 9X; Glandula suprarenalis suis 9X, 12X, 6C; Hypothalamus 12X, 6C, 12C; Kali phosphoricum 6X, 12X, 30X; Natrum muriaticum 8X, 12X, 30X; Sarsaparilla 4X, 6X, 12X, 6C; Silicea 12X, 30X; Taraxacum officinale 4X; Thyroidinum 12X, 6C, 12C.</p> <p>WARNINGS Do not use if neck wrap imprinted "SEALED FOR YOUR PROTECTION" is broken or missing. In case of overdose, get medical help or contact a Poison Control Center right away. ■ If pregnant or breast feeding, ask a health professional before use.</p>	<p>DRUG FACTS (continued)</p> <p>WARNINGS (continued) ■ Keep out of reach of children. ■ Store in cool, dry place out of direct sunlight.</p> <p>DIRECTIONS MUST BE ADDED TO LIQUID. Add 15 drops per liter of water or as directed by a healthcare professional. ■ Shake well before use.</p> <p>INACTIVE INGREDIENTS Purified Water 70%, Glycerin 15%, Ethanol 15%.</p>
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References

1. Riley DS. *Materia Medica of New and Old Homeopathic Medicines*, Berlin Heidelberg: Springer-Verlag; 2012
2. Murphy R. *Nature's Materia Medica, Third Edition*. Blacksburg, VA: Lotus Health Institute; 2006
3. Reckeweg HH. *Materia Medica Homoeopathia Antihomotoxica, Volume I: A Selective Pharmacology*. Baden-Baden: Aurelia-Verlag GmbH; 1996.

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